

Week 1	Breakfast	Snack AM	Lunch	Snack PM	High Tea
Monday	A selection of cereal, toast, condiments, and fruit will be available	Fresh milk* A selection of fresh fruit, crudites and dry snacks <small>*non-dairy options available</small>	Chicken and chorizo (Quorn) paella ----- Mixed Melon Restriction: Chicken/ Pork	Fresh milk* A selection of fresh fruit, crudites and dry snacks <small>*non-dairy options available</small>	Baked potato with cheese & baked beans ----- Red berries and yoghurt Restriction: Dairy
Tuesday	A selection of cereal, toast, condiments, and fruit will be available	Fresh milk* A selection of fresh fruit, crudites and dry snacks <small>*non-dairy options available</small>	Red lentil moussaka & mash topped with cheese ----- Lychee Jelly Restriction: Dairy	Fresh milk* A selection of fresh fruit, crudites and dry snacks <small>*non-dairy options available</small>	Turkey (Quorn chicken) cucumber sandwiches ----- Satsuma segments Restriction: Turkey/ Dairy
Wednesday	A selection of cereal, toast, condiments, and fruit will be available	Fresh milk* A selection of fresh fruit, crudites and dry snacks <small>*non-dairy options available</small>	Creamy salmon pasta bake ----- Fruit salad Restriction: Fish/ Gluten/ Dairy	Fresh milk* A selection of fresh fruit, crudites and dry snacks <small>*non-dairy options available</small>	Croquet with Boiled eggs ----- Sliced pear and kiwi Restriction: Egg/ Gluten/ Dairy
Thursday	A selection of cereal, toast, condiments, and fruit will be available	Fresh milk* A selection of fresh fruit, crudites and dry snacks <small>*non-dairy options available</small>	Pork (vegan) chipolata sausages with mashed potatoes and gravy ----- Banana cupcakes Restriction: Pork/ Dairy/ Eggs	Fresh milk* A selection of fresh fruit, crudites and dry snacks <small>*non-dairy options available</small>	Vegetable rice noodles stir fry ----- Watermelon slices
Friday	A selection of cereal, toast, condiments, and fruit will be available	Fresh milk* A selection of fresh fruit, crudites and dry snacks <small>*non-dairy options available</small>	Lamb (vegetable and chickpea) stew served with bulgur wheat ----- Sliced grapes Restriction: Lamb/ Gluten/ Chickpea	Fresh milk* A selection of fresh fruit, crudites and dry snacks <small>*non-dairy options available</small>	Fresh Bread Fridays Bread made by the children served with a selection of fillings ----- Sliced oranges Restriction: Gluten

Week 2	Breakfast	Snack AM	Lunch	Snack PM	High Tea
Monday	A selection of cereal, toast, condiments, and fruit will be available	Fresh milk* A selection of fresh fruit, crudites and dry snacks *non-dairy options available	Rich vegetable ragu with beef meatballs served with spaghetti ----- Sliced honey dew melon Restriction: Beef/ Guten	Fresh milk* A selection of fresh fruit, crudites and dry snacks *non-dairy options available	Toasted bagel, sliced cucumber, tomato and cheese ----- Sliced grapes & banana Restriction: Dairy/ Gluten
Tuesday	A selection of cereal, toast, condiments, and fruit will be available	Fresh milk* A selection of fresh fruit, crudites and dry snacks *non-dairy options available	Mushroom and peas risotto ----- Pears & pineapple Restriction: Dairy/ Eggs/ Gluten	Fresh milk* A selection of fresh fruit, crudites and dry snacks *non-dairy options available	Fish fingers served with salad ----- Rice pudding Restriction: Fish
Wednesday	A selection of cereal, toast, condiments, and fruit will be available	Fresh milk* A selection of fresh fruit, crudites and dry snacks *non-dairy options available	Slow cooked beef (Vegan mince) vegetable and chickpea ----- Sliced watermelon Restriction: Beef/ Chickpea	Fresh milk* A selection of fresh fruit, crudites and dry snacks *non-dairy options available	Toast with baked beans and cheese ----- Fruit salad Restriction: Dairy/ Gluten
Thursday	A selection of cereal, toast, condiments, and fruit will be available	Fresh milk* A selection of fresh fruit, crudites and dry snacks *non-dairy options available	Pasta, tofu, spinach and sweetcorn ----- Chocolate cupcakes Restriction: Gluten/ Soya	Fresh milk* A selection of fresh fruit, crudites and dry snacks *non-dairy options available	Chicken and vegetable fajitas ----- Winter fruit smoothie Restriction: Chicken/ Gluten
Friday	A selection of cereal, toast, condiments, and fruit will be available	Fresh milk* A selection of fresh fruit, crudites and dry snacks *non-dairy options available	Lamb (Quorn) & mixed vegetables Shepperd's Pie ----- Coconut yoghurt with chopped bananas and blueberries Restriction: Lamb/ Dairy	Fresh milk* A selection of fresh fruit, crudites and dry snacks *non-dairy options available	Fresh Bread Fridays Bread made by the children with a selection of fillings ----- Sliced oranges Restriction: Gluten

Week 3	Breakfast	Snack AM	Lunch	Snack PM	High Tea
Monday	A selection of cereal, toast, condiments, and fruit will be available	Fresh milk* A selection of fresh fruit, crudites and dry snacks <small>*non-dairy options available</small>	Beef (Quorn and red lentils) Chilli con carne & Basmati rice. ----- Pineapple jelly Restriction: Beef	Fresh milk* A selection of fresh fruit, crudites and dry snacks <small>*non-dairy options available</small>	Chicken, basil pesto and avocado sandwich ----- Sliced Cantaloupe melon Restriction: Gluten
Tuesday	A selection of cereal, toast, condiments, and fruit will be available	Fresh milk* A selection of fresh fruit, crudites and dry snacks <small>*non-dairy options available</small>	Brazilian pork (Tofu) beans & kale stew with Basmati rice ----- Apple crumble muffin Restriction: Pork/ Soya	Fresh milk* A selection of fresh fruit, crudites and dry snacks <small>*non-dairy options available</small>	Bruschetta with goats' cheese & tomato ----- Satsuma segments Restriction: Gluten/ Dairy
Wednesday	A selection of cereal, toast, condiments, and fruit will be available	Fresh milk* A selection of fresh fruit, crudites and dry snacks <small>*non-dairy options available</small>	Creamy vegetable lasagne ----- Summer berry Eaton Mess Restriction: Dairy/ Eggs/ Gluten	Fresh milk* A selection of fresh fruit, crudites and dry snacks <small>*non-dairy options available</small>	Sausage (Quorn) roll with Spring green salad ----- Sliced watermelon Restriction: Pork/ Gluten
Thursday	A selection of cereal, toast, condiments, and fruit will be available	Fresh milk* A selection of fresh fruit, crudites and dry snacks <small>*non-dairy options available</small>	Braised roast Beef (Vegetarian sausage) with all the trimmings ----- Sliced grapes Restriction: Beef/ Gluten	Fresh milk* A selection of fresh fruit, crudites and dry snacks <small>*non-dairy options available</small>	Jacked potato & tuna mayonnaise ----- Sliced Pear Restriction: Fish/ Eggs
Friday	A selection of cereal, toast, condiments, and fruit will be available	Fresh milk* A selection of fresh fruit, crudites and dry snacks <small>*non-dairy options available</small>	Chicken (Quorn) Fricassee with Basmati rice ----- Fruit salad Restriction: Chicken/ Dairy	Fresh milk* A selection of fresh fruit, crudites and dry snacks <small>*non-dairy options available</small>	Fresh Bread Fridays Bread made by the children served with a selection of fillings ----- Blueberries Restriction: Gluten

Week 4	Breakfast	Snack AM	Lunch	Snack PM	High Tea
Monday	A selection of cereal, toast, condiments, and fruit will be available	Fresh milk* A selection of fresh fruit, crudites and dry snacks <small>* non-dairy options available</small>	Chicken (Quorn) korma served with basmati rice. ----- Mango jelly Restriction: Chicken/ Dairy	Fresh milk* A selection of fresh fruit, crudites and dry snacks <small>* non-dairy options available</small>	Spanish omelette with herb potatoes, cheese & parsley ----- Sliced mixed melon Restriction: Egg/ Dairy
Tuesday	A selection of cereal, toast, condiments, and fruit will be available	Fresh milk* A selection of fresh fruit, crudites and dry snacks <small>* non-dairy options available</small>	Beef (vegan mince) stroganoff & Farfalle pasta ----- Sliced watermelon Restriction: Beef/ Gluten/ Dairy	Fresh milk* A selection of fresh fruit, crudites and dry snacks <small>* non-dairy options available</small>	Spring Pasta Salad ----- Pineapple slices Restriction: Gluten
Wednesday	A selection of cereal, toast, condiments, and fruit will be available	Fresh milk* A selection of fresh fruit, crudites and dry snacks <small>* non-dairy options available</small>	Creamy baked haddock & sliced potatoes ----- Strawberry mousse Restriction: Dairy/ Fish	Fresh milk* A selection of fresh fruit, crudites and dry snacks <small>* non-dairy options available</small>	Linguini Verdi ----- Satsuma segments Restriction: Gluten/ Dairy
Thursday	A selection of cereal, toast, condiments, and fruit will be available	Fresh milk* A selection of fresh fruit, crudites and dry snacks <small>* non-dairy options available</small>	Chicken (tofu) & vegetable pie with mash ----- Winter fruit salad Restriction: Chicken/ Soya/ Dairy	Fresh milk* A selection of fresh fruit, crudites and dry snacks <small>* non-dairy options available</small>	Lentil & mixed vegetable curry served with pitta strips. ----- Sliced banana & blueberries Restriction: Gluten
Friday	A selection of cereal, toast, condiments, and fruit will be available	Fresh milk* A selection of fresh fruit, crudites and dry snacks <small>* non-dairy options available</small>	Pork & vegetable stir fried rice ----- Sliced kiwi & mango Restriction: Pork	Fresh milk* A selection of fresh fruit, crudites and dry snacks <small>* non-dairy options available</small>	Fresh Bread Fridays Bread made by the children served with a selection of fillings. ----- Sliced grapes Restriction: Gluten