



Week 1	Breakfast	Snack AM	Lunch	Snack PM	High Tea
Monday	A selection of cereal, toast, condiments, and fruit will be available	Melba toast, soft cheese sliced banana, pear, & peppers.	Chicken & chorizo (Quorn) paella ----- Mixed melon	Breadsticks and sliced apples	Baked potato cheese & baked beans ----- Red berries and yoghurt
Tuesday	A selection of cereal, toast, condiments, and fruit will be available	Breadsticks, Tzatziki, cucumber, mandarin segments, and sliced apples.	Spaghetti & meatballs (meat free balls) ----- Lychee Jelly	Rice cakes, cream cheese and sliced seedless grapes	Chicken (mixed bean) casserole served with dumplings ----- Satsuma Segments
Wednesday	A selection of cereal, toast, condiments, and fruit will be available	Corncake's, organic hummus, sliced pears, carrots, and bananas.	Pork (vegetable and lentil) Goulash ----- Summer Fruit salad	Oatcakes and sliced banana	Turkey (Quorn chicken) cucumber sandwiches ----- Sliced pear and kiwi
Thursday	A selection of cereal, toast, condiments, and fruit will be available	Oatcakes, cream cheese, sliced apples, celery, and sliced seedless grapes	Pork (vegan) chipolata sausages served with mashed potatoes and gravy ----- Banana cupcakes	Crackerbread, cottage cheese and satsuma segments	Sweet potato & carrot soup and pita strips ----- Sliced banana
Friday	A selection of cereal, toast, condiments, and fruit will be available	Cream crackers, cottage cheese, mandarin segments, sliced cucumber, and pear.	Lamb (vegetable & chickpea) stew served with bulgur wheat. ----- Greek style yoghurt with mango pulp	Rice cakes and sliced seedless grapes	Fresh Bread Fridays Bread made by the children served with a selection of fillings ----- Sliced oranges

Weaning babies will be offered simple purees using the fresh vegetables used in the main dish. As babies become used to flavours and textures, they will progress to more complex dishes. Finger foods like soft vegetables and bread are given in addition. Your child's key person will love to hear how weaning is going at home so we can work together.

• Vegetarian options are highlighted in green. • All dishes are adapted for individual dietary requirements as necessary.



Week 2	Breakfast	Snack AM	Lunch	Snack PM	High Tea
Monday	A selection of cereal, toast, condiments, and fruit will be available	Multigrain cracker, soft cheese sliced banana, pear, & peppers	Sausage (Quorn sausage) vegetables and lentil casserole ----- Sliced honey dew melon	Rice cakes and sliced seedless grapes	Butternut squash soup served with herb croutons ----- Sliced grapes and bananas
Tuesday	A selection of cereal, toast, condiments, and fruit will be available	Corncake's, organic hummus, sliced pears, carrots, and bananas	Pasta, Tofu, spinach, and sweetcorn ----- Mango Mouse	Oat cakes, cream cheese and carrot	Fish fingers and steamed vegetables ----- Rice pudding
Wednesday	A selection of cereal, toast, condiments, and fruit will be available	Breadsticks, Tzatziki, cucumber, mandarin segments, and sliced apples.	Mushroom and peas risotto ----- Sliced watermelon	Breadsticks and mandarin segments	Chicken and vegetable fajitas ----- Summer fruit salad
Thursday	A selection of cereal, toast, condiments, and fruit will be available	Oatcakes, cream cheese, sliced apples, celery, and sliced seedless grapes	Slow cooked beef (vegan mince) vegetable and chickpea ----- Chocolate cupcakes	Melba toast with cottage cheese and sliced pear	Toasted bagel, sliced cucumber, tomato and cheese. ----- Tropical fruit smoothie
Friday	A selection of cereal, toast, condiments, and fruit will be available	Crackerbread, hummus, mandarin segments, sliced cucumber, and pear	Lamb (Quorn) & mixed vegetables Shepherd's Pie. ----- Pineapple jelly	Corn cakes with butter and sliced pear	Fresh Bread Fridays Bread made by the children served with a selection of fillings ----- Sliced oranges

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Week 3	Breakfast	Snack AM	Lunch	Snack PM	High Tea
Monday	A selection of cereal, toast, condiments, and fruit will be available	Corncake's, organic hummus, sliced pears, carrots, and bananas	Beef (vegan mince) & lentil chilli con carne, served with Basmati rice. ----- Summer berry Eaton Mess	Corncake's, organic hummus, sliced pears, carrots, and bananas.	Bruschetta with goats' cheese and tomatoes ----- Sliced cantaloupe melon
Tuesday	A selection of cereal, toast, condiments, and fruit will be available	Rice cakes with cream cheese and sliced seedless grapes.	Brazilian pork (tofu), beans and kale stew served with basmati rice ----- Sliced grapes	Oatcakes and sliced banana	Baked potatoes, served with tuna & mayonnaise & cucumber ----- Satsuma segments
Wednesday	A selection of cereal, toast, condiments, and fruit will be available	Cream crackers, cottage cheese, and mandarin segments	Creamy vegetable lasagne ----- Tropical fruit jelly	Rice cakes with cream cheese and sliced seedless grapes	Chicken, (sliced Quorn chicken) basil pesto and avocado sandwich ----- Sliced watermelon
Thursday	A selection of cereal, toast, condiments, and fruit will be available	Rice cakes, hummus, celery sticks	Ratatouille served with brown rice ----- Apple crumble muffin	Melba toast with cottage cheese and sliced pear	Potato and spinach soup served with croutons ----- Sliced pears
Friday	A selection of cereal, toast, condiments, and fruit will be available	Multi-grain cracker, soft cheese and cucumber	Chicken (tofu) lentil and bean hotpot ----- Fruit salad	Corncake's, organic hummus, sliced pears, carrots, and bananas	Fresh Bread Fridays Bread made by the children served with a selection of fillings ----- Blueberries

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Week 4	Breakfast	Snack AM	Lunch	Snack PM	High Tea
Monday	A selection of cereal, toast, condiments, and fruit will be available	Melba toast with cottage cheese and sliced pear	Chicken (Quorn) korma served with Basmati rice. ----- Mango jelly	Corncake's, organic hummus, sliced pears, carrots, and bananas	Linguini Verdi, spinach, broccoli, courgette & cheese. ----- Sliced mixed melon
Tuesday	A selection of cereal, toast, condiments, and fruit will be available	Rice cakes with cream cheese and sliced seedless grapes	Beef (vegan mince) and mushroom stroganoff served with Farfalle pasta ----- Sliced watermelon	Oatcakes and sliced banana	Vegetable & lentil stir fry noodles ----- Pineapple slices
Wednesday	A selection of cereal, toast, condiments, and fruit will be available	Cream crackers, cottage cheese, and mandarin segments.	Braised beef (vegan beef) served with roast potatoes, vegetables, Yorkshire pudding & gravy ----- Strawberry mouse	Rice cakes with cream cheese and sliced seedless grapes	Spanish omelette served with herb potatoes, cheese & parsley ----- Satsuma segments
Thursday	A selection of cereal, toast, condiments, and fruit will be available	Rice cakes, hummus, celery sticks	Brazilian chicken (tofu) & vegetable potato pie ----- Summer fruit salad	Breadsticks, Tzatziki, cucumber, mandarin segments, and sliced apples.	Lentil & mixed vegetable curry served with pitta strips. ----- Sliced banana & blueberries
Friday	A selection of cereal, toast, condiments, and fruit will be available	Multi-grain cracker, soft cheese and cucumber	Vegetable and chickpea tagine served with brown rice ----- Sliced kiwi & mango	Corncake's, organic hummus, sliced pears, carrots, and bananas	Fresh Bread Fridays Bread made by the children served with a selection of fillings ----- Celery

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